



ACAP Guiding Principles

ACAP (Adult Children of Aging Parents) was founded with eleven Guiding Principles that continue to provide the framework for all ACAP chapters and activities today:

1. The primary goal of all ACAP written and audio-visual curricular materials, social media resources, and educational platforms is to provide evidence-informed education, resources, support, and community for adult-child caregivers of aging parents.
2. While ACAP's primary focus is adult-children who serve a variety of roles in caring for and advocating for their aging parents, ACAP offerings are open to and supportive of all, including other family members and informal caregivers, professional caregivers and other professionals who support older adults and their caregivers.
3. Recognizing that adult-children encompass all demographics, ACAP is committed to ensuring diversity, equity and inclusivity relative to Board of Directors, chapter Leadership Teams, program participants, presenters, and sponsors; intentional in engaging all populations; and culturally sensitive with regard to publicity and programming content.
4. ACAP chapters offer monthly evidence-informed educational programs within the context of a validated and copyrighted curriculum and continually assess community needs to ensure program offerings address local needs.
5. ACAP chapters offer monthly programs at a regularly scheduled day and time.
6. ACAP programs are offered at no-cost to participants.
7. ACAP programs are offered in a comfortable and barrier-free environment with safe, convenient, and well-lighted parking. Chapters are encouraged to collaborate with other local agencies and organizations to provide supports requested by participants such as interpreters, assistive listening devices, and large-print materials.
8. ACAP programs have a set format.
9. ACAP program presenters are local content experts who are well-informed and well-respected in their discipline and community. When appropriate, chapters are encouraged to choose speakers who have experience as a family caregiver.
10. ACAP programs are not to be used as a commercial, advertisement, or attempt to persuade participants to purchase, choose, or perform any particular service or product. Sponsoring organizations have the opportunity to highlight their offerings as resources for ACAP participants during the sponsored program.
11. ACAP participant names and contact information are for ACAP purposes only and may not be shared. Speakers and sponsors may capture contact information and follow up with those who expressly indicate desire for follow-up.